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Medical History Form

Name: _____ Date of Birth: _____ Age: _____
Gender: _____ Height: _____ Weight: _____
Address: _____ Phone Number: _____
PCP: _____ Month/Year of Last Visit with PCP: _____
Preferred Pharmacy + Address: _____

In the past one month, have you experienced any of the following: ☐ N/A

- ☐ changes in hearing/vision ☐ chest pain ☐ shortness of breath ☐ falls/unsteadiness
☐ heat/cold intolerance ☐ skin rashes ☐ memory problems ☐ abdominal pain ☐ back pain

Please describe your current foot/ankle problem:

Duration of problem: _____

Have you previously received treatment for this problem or a similar problem? ☐ Yes ☐ No

If yes, when _____ and by whom _____

Do you believe your symptoms are related to an injury: ☐ Yes ☐ No

If yes, what is the date of injury: _____ and where did the injury occur? _____

Lifestyle History

What is your occupation? _____

Typical footwear-- Home: _____ Work: _____

How many hours per day do you typically spend standing or walking? _____

Smoking Status: ☐ Nonsmoker ☐ Former smoker; approximate date or year quit: _____

☐ Current Smoker _____ packs/day

Alcohol Consumption: How many alcoholic drinks do you consume per week? ____

Pregnancy/Nursing Status: ☐ Not Applicable ☐ Pregnant ☐ Nursing/pumping

Medical History

Please check if you have been diagnosed with any of the following conditions:

<input type="checkbox"/> Diabetes Mellitus	<input type="checkbox"/> Stomach ulcers / GI bleeding	<input type="checkbox"/> Autoimmune disease:
<input type="checkbox"/> High blood pressure	<input type="checkbox"/> Low thyroid	<input type="checkbox"/> Fibromyalgia or PCOS
<input type="checkbox"/> High cholesterol	<input type="checkbox"/> Peripheral Edema/Leg swelling	<input type="checkbox"/> Chronic pain: _____
<input type="checkbox"/> Kidney disease; stage _____	<input type="checkbox"/> Cancer: _____	<input type="checkbox"/> Arthritis: _____
<input type="checkbox"/> Heart Disease: _____	<input type="checkbox"/> Arterial Disease/PVD	<input type="checkbox"/> Blood clots / DVT
<input type="checkbox"/> Liver Disease: _____	<input type="checkbox"/> Neuropathy	<input type="checkbox"/> On Blood Thinners: _____

Please list any other medical conditions not included above:

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Medications: Please list all medications (and dosages) you are currently taking, including over-the-counter drugs and supplements

Previous Surgeries/Injuries:

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Allergies: ☐ No Known Drug Allergies

☐ Penicillin, reaction: _____ ☐ Sulfa drugs ☐ Lidocaine/Novacaine ☐ Tape

Please list any additional allergies: _____

Is there anything else you would like our doctors/staff to know?

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Referral Source: How did you hear about Adler Podiatry Clinic? _____

☐ Your doctor ☐ Family member ☐ Another patient ☐ Website ☐ Internet